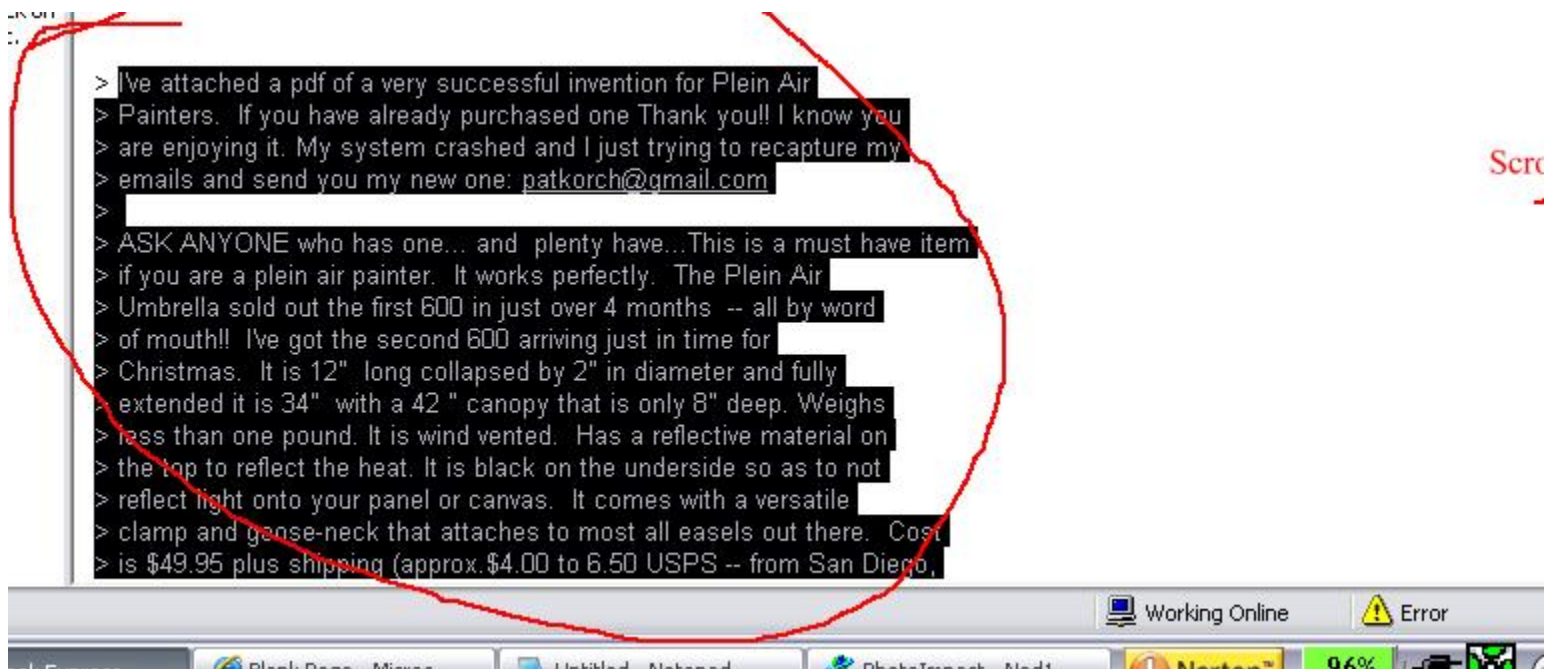


Cut and Paste Demo:

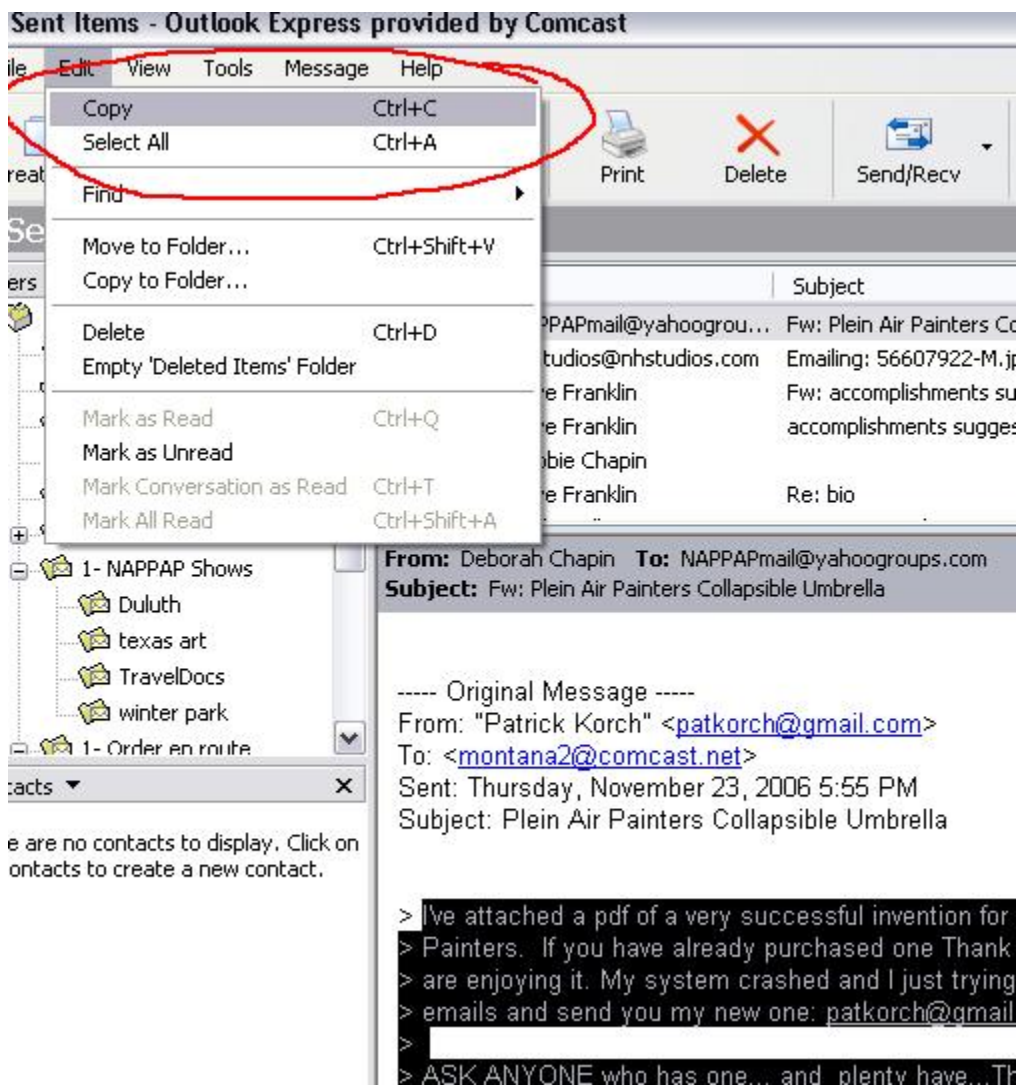
1. Click your cursor in front of the first letter of the text you want to cut and paste

> I've attached a pdf of a very successful invention for Plein Air
 > Painters. If you have already purchased one Thank you!! I know you
 > are enjoying it. My system crashed and I just trying to recapture my
 > emails and send you my new one: patkorch@gmail.com
 >
 > ASK ANYONE who has one... and plenty have...This is a must have item
 > if you are a plein air painter. It works perfectly. The Plein Air

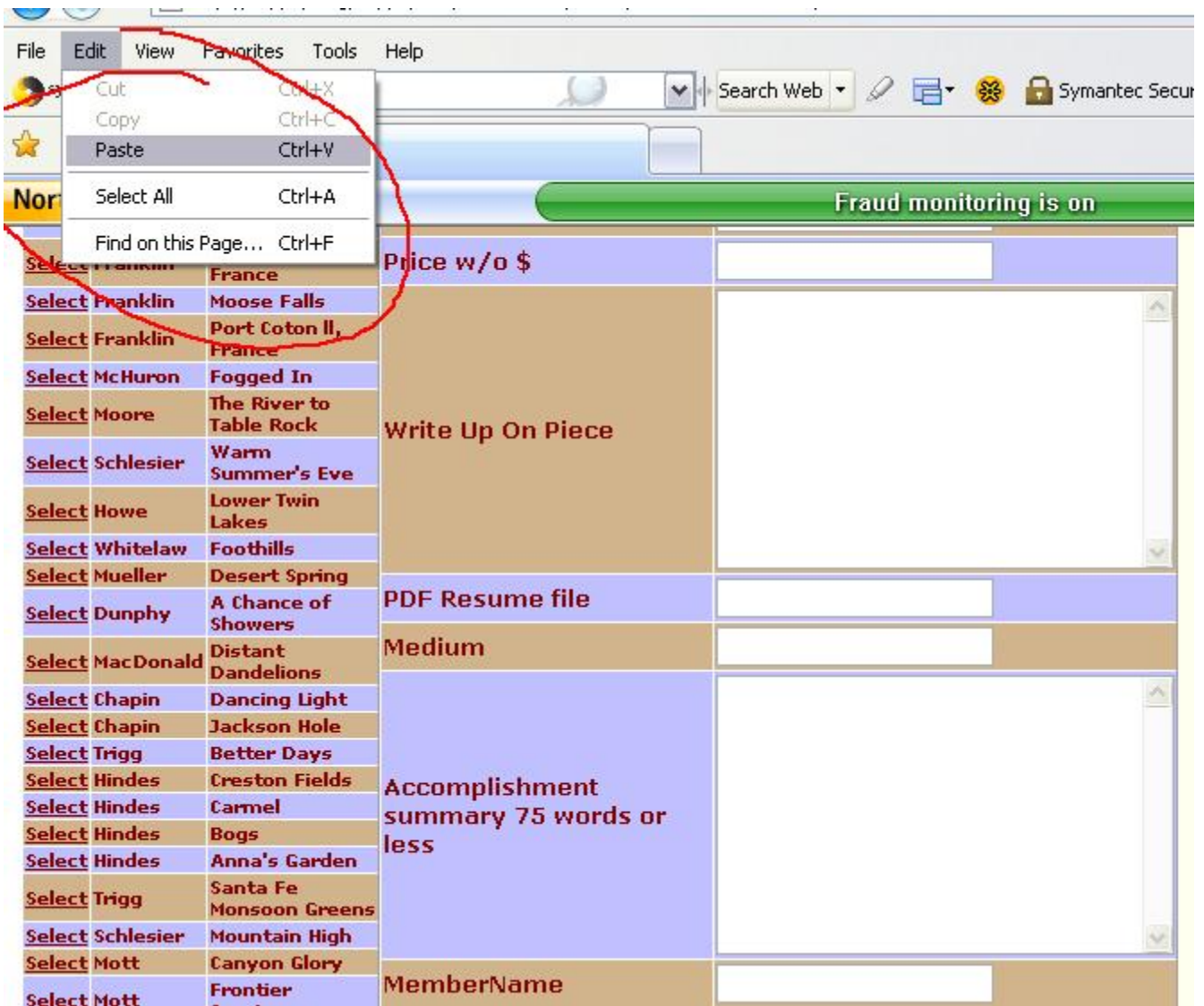
2. Hold down your shift key and click your cursor at the end of the text that you want to cut and paste, You can move down to the bottom of a page using the scroll bar as long as you Hold down the shift key



3. to copy the text into your clip board hold down the Ctrl key to the left of you space bar and hit "C" (you don't see the clip board it is just a buffer memory that will hold your copied item) . You can also use the edit menu of whatever program you are using a word pad or note pad etc... In my demo I'm using the email for this demo so I use the Edit menu always located in programs in the same place. You'll notice that on the menu the hot key command is listed to the right Ctrl+C



4. Then click your cursor in the box for accomplishments and hit Ctrl + V why it isn't P I don't know :-) geeks... (synonymous with idiots) or again you can use your edit menu this time in the browser that you are using.....



results:

